

## **Evidence In Motion Position Statement on Training Physical Therapist Assistants (PTAs)**

Evidence In Motion welcomes PTAs to participate in our pelvic health coursework, including internal coursework. Evidence In Motion endorses the position statement made by the APTA Academy on Pelvic Health, which reads as follows:

- APTA Pelvic Health entrusts the PT and PTA to know, understand, and adhere to state practice acts and any rules/regulations that govern that PT and PTA's professional licenses in relation to working with patients/clients with pelvic health conditions.
- The delegating PT must have documented didactic and psychomotor training and have experience treating patients with pelvic floor issues before handing the patient off to a PTA, with the PTA working under the plan of care established by the PT.
- Internal pelvic intervention often requires continuous evaluation and assessment by the PT. Thus, some patients may not be appropriate candidates for a PTA due to the need for ongoing assessment during interventions.
- It is the responsibility of the PT to recognize patients/clients with conditions that require ongoing assessment and evaluation. In these cases, the PT should abstain from delegating these patients/clients to a PTA.
- Patients/clients with pelvic health (obstetric, gynecologic, urologic, and gastrointestinal) conditions may have sensitive diagnoses and/or psychosocial considerations that would benefit best from care from a consistent health care provider. Thus, delegation to PTAs for some of these patients/clients should be avoided or managed in such a way to promote patient trust, satisfaction, and adherence.
- It is the responsibility of the PT to exercise judgment as to whether a patient/client's condition or psychosocial health requires an elevated level of sensitivity that may preclude or limit delegation to a PTA.

Evidence In Motion wishes to support the clinical practice and education of practitioners; as such, if there are any PT/PTA pairs who wish to go through coursework together, please reach out to us for a discount for both of your coursework.