

INTRODUCTION TO LIFESTYLE MEDICINE

Accreditation Statements

- **MD:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Iowa Medical Society (IMS) through the joint providership of Des Moines University (DMU) and Evidence in Motion. DMU is accredited by IMS to provide continuing medical education for physicians. DMU designates this enduring materials activity for a maximum of 7.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.
- **DO:** Des Moines University (DMU) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. DMU designates this activity for a maximum of 7.5 AOA Category 2-B credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.
- **Nurse:** Des Moines University is Iowa Board of Nursing approved provider #112. This activity has been reviewed and approved for 7.5 continuing education contact hour(s). No partial credit awarded.
- **Other Healthcare Professionals:** This enduring materials activity is designated for a maximum of 7.5 *AMA PRA Category 1 Credit(s)*[™].



Educational Grants

No ineligible company provided financial support for this continuing education activity.

DISCLOSURE

The planning committee member(s) and speaker(s) will disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA). The determination of educational content and the selection of speakers is the responsibility of the activity director.

Relevant to the content of this educational activity, the following individual(s) have no conflict(s) with ineligible companies to disclose.

- Kyle Butcher - Activity Director and Planning Committee Member
- Orlando Candelaria - Activity Coordinator and Planning Committee Member
- Colleen Louw, PT - Planning Committee Member
- Jen Uschold, PT, CFMT, TPS, NBC-HWC - Course Author and Planning Committee Member

Disclaimer

The information provided in this activity is for continuing education purposes only. It is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition. The content of each presentation does not necessarily reflect the views of Des Moines University.

