



Pain, Ethics, and the Opioid Epidemic

COURSE AUTHOR

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COURSE CONTACT INFO

All questions related to this course should be directed to courses@eimpt.com or you can call the office directly at 1-888-709-7096. To expedite a response to your request please include Course Name and Number, your question, the url to webpage related to the question, and a screenshot of what you see on your screen.

COURSE LEVEL

Intermediate

COURSE DESCRIPTION

With 116 million Americans suffering from some type of chronic pain, and over 46,000 people dying of opioid overdoses every year, the call to understanding how pain works, how opioids work, and safe alternatives for those suffering with pain has never been stronger. In this 4.2 hour course, you will learn specifics about the inadequacy and dangers of opioid medications to address the multifaceted nature of persistent pain. You will learn about tolerance, dependence, and opioid use disorder, and will discover strategies to collaborate with other members of the health care team when patients voice a desire to wean off opioid medications. You will also learn some of the key principles of pain neuroscience education, including the benefits of incorporating the pillars of pain science into a patient's treatment plan.

OBJECTIVES

Upon completing this course, you will be able to:

1. Comprehend the connection between the traditional/biomedical model of pain and the worsening pain and opioid epidemic and will recognize their responsibility to practice from a bio-psycho-social model of pain.
2. Identify the ethical roles and responsibilities of physical therapists in assessing medication issues specific to opioids and coordinating care with physicians and nurses.
3. Recognize the relationships between pain, depression, medication use, tolerance, dependence and substance use disorder, and will acknowledge their professional and ethical responsibility to screen for these issues.
4. Articulate an updated understanding of pain from a pain neuroscience perspective.
5. Possess a cursory knowledge of pain neuroscience education (PNE) and its effectiveness, in combination with other PT interventions, for decreasing pain and improving function.

TARGET AUDIENCE

PT/PTA, OT/OTA, MD, OSTEO, RN, NP, PA, OTHER LICENSED HEALTH CARE PROVIDERS



CONTACT HOURS/CEU/CCUS

4.2 hours/.42 CEU/4.2 CC

You will receive a certificate of completion for this course via email after successful completion of the course quiz. *The assignment of Texas PT CCUs does not imply endorsement of specific course content, products or clinical procedures by TPTA or TBPTE.*

EIM PROGRAM APPLICABILITY

Students accepted to EIM Fellowship in Pain Sciences receive a \$100 discount for completing this course. Pain, Ethics, and the Opioid Epidemic is a preview of Special Topics in Pain Neuroscience, a 12-week course within Fellowship in Pain Sciences.

PREREQUISITES

None

Course Materials

All online content will be delivered through Teachable, the online learning platform. You will receive your login information with your program/course registration. A video and a handout are available for each lecture. These lectures build on the content you learn from the previous lecture. You will need to complete each lecture video and handout before moving to the next lecture.

Course Assignments/Schedule/Content

Lectures/Presentations	Time
Pain, Opioids and Ethics 1	21:24
Pain, Opioids and Ethics 2	13:56
Pain, Opioids and Ethics 3	16:39
Pain, Opioids and Ethics 4	22:35
Pain, Opioids and Ethics 5	25:58
Pain, Opioids and Ethics 6	15:26
Pain, Opioids and Ethics 7	24:56
Pain, Opioids and Ethics 8	15:35
Pain, Opioids and Ethics 9	19:02
Pain, Opioids and Ethics 10	18:49
Pain, Opioids and Ethics 11	12:31
Pain, Opioids and Ethics 12	20:25
Quiz	30
Total	4.2 hrs/.42 CEU/4.2 CCU



GRADING

Learner attainment of the objectives is assessed through a 20 question multiple choice quiz administered after completion of coursework. A minimum of 70% is required for success and award of continuing education credit. Estimated time to complete the quiz is 30 minutes; although the quiz is untimed, and you may take all the time you need to complete. Learners may repeat the quiz as needed to meet the requirement.

ACADEMIC INTEGRITY

Each student in this course is expected to abide by the Evidence In Motion and Partners Code of Academic Integrity. Any work submitted by a student in this course for academic credit will be the student's own work.

CANCELLATION POLICY

You may cancel within the first 48 hours of purchase. Your access membership will automatically renew. To avoid the auto-renewal, please email courses@eimpt.com 14-days prior to your enrollment anniversary. If you terminate your subscription, it will remain active until the end of your current subscription period. There are no refunds, full or partial, for the remaining period or unused portions of your subscription when you cancel the service.

References:

1. Argyra E, I. Siafaka A, Moutzouri V et al.. How does an undergraduate pain course influence future physicians' awareness of chronic Pain concepts? A 'comparative study', *Pain Med.* 2015 Feb; 15(2):301-11.
2. Mintken PE, Moore JR, Flynn TW. (2018). Physical therapists' role in solving the opioid epidemic. *J Ortho Sports Phys Ther.* 48(5):349-353.
3. Sun E, Moshfegh MA, Rishel CA et al. (2018). Association of early physical therapy with long-term opioid use among opioid-naïve patients with musculoskeletal pain. *JAMA Network Open.* 1(8):1-11. e185909.
4. APTA White Paper: Beyond Opioids: How Physical Therapy Can Transform Pain Management to Improve Health An American Physical Therapy Association White Paper June 1, 2018. 1-16.

Date of Last Course Update: **April 2020**