

# Certification in Lifestyle Medicine

## Winter 2022 Cohort Calendar

Application Deadline – December 1, 2021

Cohort Start – January 2022

Start – End Dates	Course Number	Course Title
Jan '22 – Feb '22	ISPI-TPS 6140	Therapeutic Neuroscience Education
Feb '22 – Mar '22	LSM 6010	Introduction to Lifestyle Medicine
Mar '22 – Mar '22	LSM 6030	Lifestyle Medicine and Emotional Health
Mar '22 – Apr '22	LSM 6020	Lifestyle Nutrition
Apr '22 – May '22	LSM 6110	Promoting Health and Human Experience
June '22 – June '22	LSM 6040	Business of Lifestyle Medicine
June '22 – June '22	LSM 6050	Maladaptive Coping Strategies
June '22 – Aug '22	LSM 6510	Lifestyle Medicine Practitioner
Aug '22 – Sept '22	LSM 6510VL	Lifestyle Medicine Practitioner VL

### Course Structure

- 6 Weeks Online Faculty Led
- 2 Weeks Self Paced
- 4 Weeks Faculty Led Virtual Lab
- 3 Weeks Online Self Paced

Due to challenges around COVID-19, many weekend intensives have been converted to Virtual Lab Experiences. If you have any questions, please reach out to [registrar@eimpt.com](mailto:registrar@eimpt.com) to speak with your Program Advisor about how these changes may affect your Plan of Study.

In collaboration with



[evidenceinmotion.com](http://evidenceinmotion.com) – [info@eimpt.com](mailto:info@eimpt.com) – 888.709.7096

This is a sample calendar. Please contact [info@eimpt.com](mailto:info@eimpt.com) for your personalized calendar.

Sample Program Calendar

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