Certification in Lifestyle Medicine

Winter 2021 Cohort Calendar

Application Deadline - December 1, 2020

Cohort Start - January 2021

2 Week Self Paced

Dec '20 – Jan '21 LSM 6010 Introduction to Lifestyle Medicine

3 Week Self Paced

Feb '21 – Mar '21 LSM 6030 Lifestyle Medicine and Emotional Health

Mar '21 – Apr '21 LSM 6020 Lifestyle Nutrition

May '21 – Jun '21 LSM 6040 Business of Lifestyle Medicine
May '21 – Jun '21 LSM 6050 Maladaptive Coping Strategies

6 Week Faculty Led

Jan '21 – Feb '21 ISPI-TPS 6410 Therapeutic Neuroscience Education

Apr '21 – May '21 LSM 6110 Promoting Health and Human Experience

Jun '21 – Aug '21 LSM 6510 Lifestyle Medicine Practictioner

2 Day Onsite

Date TBD LSM 6510WI Lifestyle Medicine Practictioner WI

Due to challenges around COVID-19, many weekend intensives have been converted to Virtual Lab Experiences. If you have any questions, please reach out to registrar@eimpt.com to speak with your Program Advisor about how these changes may affect your Plan of Study.

