# Frequently Asked Questions (FAQs) Table of Contents

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*Please listen to this 30-minute podcast with EIM’s CEO Dr. John Childs for additional details and to learn more about EIM’s Hosted Residency Program: [https://soundcloud.com/eim-2/eim-hosted-residency-podcast](https://soundcloud.com/eim-2/eim-hosted-residency-podcast)*

I. RESIDENCY TRAINING

**Why go through Residency training?**

**EIM’s Physical Therapy Residency Programs** are designed specifically for new graduates and physical therapists seeking mentorship to rapidly progress clinical skills beyond entry-level practice and increase confidence in managing patients with a full spectrum of musculoskeletal conditions.

EIM’s Residency Programs will position you to achieve APTA board certification and differentiate you as a leader in your Physical Therapy specialty.

**What are the differences between EIM Residency and Fellowship training?**

The EIM Residency programs are designed to facilitate the growth of practitioners as physical therapists skilled in orthopaedic, sports and neurologic physical therapy. We seek to produce highly skilled, autonomous practitioners who have substantially increased their ability to provide care to patients with musculoskeletal conditions. Graduates will have a strong base of knowledge of evidence-based practice, orthopaedic manual therapy techniques, sports physical therapy competencies, or neurologic physical therapy competencies as well as advanced medical screening and radiology.

The EIM Fellowship program is designed to graduate clinician scientists skilled in the evidence-based integration of thrust and non-thrust mobilization/manipulation and other techniques into the overall care of patients with musculoskeletal conditions. We seek to produce highly skilled autonomous practitioners who are reflective, empathetic, critical thinkers and lifelong learners. Fellowship graduates will represent the best clinicians in the physical therapy profession, equipped to teach and mentor residents, clinicians and students.

The differences between the Residency and Fellowship are primarily related to role and focus. The Residency first and foremost is about developing a sound and up-to-date knowledge base in orthopaedic, sports, or neurologic physical therapy practice, how to apply it in clinical practice and developing the skills required to keep current. The EIM Fellowship has the more narrow focus of manual physical therapy practice and developing additional skill sets of applied professional leadership, teaching, clinical mentoring and research to physical therapists who have their board certification.

**When is the right time in my career to complete Residency training?**

It will vary for each individual, but we encourage prospective residents to begin as soon as possible after graduation from your DPT program since you are already in an academic mindset. That being said, we have had students > 10 years out of school successfully complete the EIM Residency programs as well.

Residency training is the most direct way to launch (or re-launch) your career on a path of lifelong learning and professional development.
II. EIM RESIDENCY OPTIONS

What are my options for Residency training with EIM?
EIM’s Residency Programs provide post-professional clinical and didactic education in two unique residency settings (“Hosted” and “Independent”) to match your residency training needs with your current life and work circumstances.

Option A: EIM’s “Hosted” Residency Model:
- Choose from EIM’s preferred hosted clinical residency sites
- Onsite mentoring with an EIM pre-approved mentor
- 12-15 month program, accelerated curriculum, and dedicated learning time
- Competitive resident salary with fully subsidized tuition

Option B: EIM’s “Independent” Residency Model:
- Live, work, and complete residency where you choose (may be an EIM Partner or Independent employer)
- Your choice of mentor and location; both must meet EIM criteria
- 18-36 month program with self-scheduled learning time
- You negotiate salary and possible tuition subsidies with your employer

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<th>Independent Model</th>
<th>Hosted (Traditional) Model</th>
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<td><strong>Who Benefits?</strong></td>
<td><strong>Key Features</strong></td>
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<tr>
<td>Ideal for PTs established in their clinical practice and community.</td>
<td>Ideal for newer graduates searching for jobs including residency training.</td>
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<tr>
<td>✓ Live, work, mentor where you choose</td>
<td>✓ EIM placement in one of many EIM preferred locations/facilities</td>
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<tr>
<td>✓ Employer of your choice</td>
<td>✓ Relocation possible depending on site</td>
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<tr>
<td>✓ No relocation required</td>
<td>✓ Onsite mentoring with an EIM pre-approved mentor</td>
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<td>✓ Mentor of your choice (must meet APTA and EIM criteria)</td>
<td>✓ Competitive Resident salary</td>
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<td>✓ Full salary through your employer</td>
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<td>✓ You are responsible for tuition (may be subsidized by employer)</td>
<td>✓ 12-15 month program length</td>
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What areas of study do you offer for EIM Residency training?
As of January 2014, EIM offers an Orthopaedic Physical Therapy Residency Program and a Sports Physical Therapy Residency Program, both accredited by the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE)*. EIM, in partnership with the Neuro Recovery Training Institute (NRTI), also offers a Neurologic Physical Therapy Residency Program. NRTI has sought accreditation through ABPTRFE.

*ABPTRFE is the accrediting body for the American Physical Therapy Association (APTA) for postprofessional residency and fellowship programs in physical therapy.

What sets EIM’s Residency apart from others?
Mostly it is our Faculty. EIM is privileged to be associated with some of the best clinicians and academicians in the business. We work with leading academic institutions and have relationships with some of the most successful practices in the industry. As a result, EIM Residents are exposed to a deep network of talented faculty and clinical mentors who are genuinely vested in the residents learning process. Please visit http://www.evidenceinmotion.com/who-we-are/faculty/ and http://www.neurorti.com/faculty.aspx to learn more about our All-Star Faculty Team!

Approximately 90% of our residency graduates successfully pass the board certification examination on their first take.

EIM utilizes the latest technologies available to deliver a blended curriculum that exposes residents to the best clinical research that can inform quality clinical practice. This adult learning or “flipped classroom” model is optimum for learning and is inherent with blended online programs. Clinical mentorship that fosters critical thinking is provided in a variety of ways throughout the curriculum, including virtual grand rounds, discussion threads and during the weekend intensives. Additional mentorship time in the clinic setting is arranged by the Resident and allows necessary 1:1 time with a clinical mentor. The majority of the program happens wherever you happen to be, providing the flexibility to further your education while still maintaining a full family, life, and working schedule.

Will I need to relocate?
Not necessarily, you have options! EIM has a network of partners and graduates across the country who are eager to work with you to provide residency training through EIMs Hosted Residency Model. These locations are found at: http://my.evidenceinmotion.com/hostedresidencysites.aspx

If you already have a clinical site and/or mentor you would like to work with, we are happy to partner with you in the EIM Hosted or Independent Residency Model that best fits your needs. Please contact us at info@eimpt.com for more information.

Will I need to travel?
Each Residency Program requires 3 to 5 on-site “Weekend Intensives”, depending on the specific Residency Curriculum. The Weekend Intensives are 2-day lab courses held on Saturday/Sunday. EIM hosts Weekend Intensives throughout the year at various locations throughout the country. You will designate your preferred Weekend Intensive location on your EIM application.
How long does it take to complete the residency program?
The Residency programs are designed to be completed in 18 months for those going through the Independent Model.

Those who go through the Hosted Residency Model will take the same coursework, however some courses will overlap allowing the program to be completed in approximately 12-15 months. Employers in the Hosted Residency Model agree to allow approximately 4 hours per week of “Release Time” to work on residency didactics.

III. CURRICULUM

Orthopaedic Residency Curriculum
This 12-18 month program consists of 38 credit hours of blended online and onsite learning.

APPT 6110  Essentials of Pharmacology & Clinical Lab Tests*
APPT 6210  Essentials of Musculoskeletal Imaging
APPT 6220  Essentials of Medical Screening
EBP 6100  Evidence-based Practice I
ORPT 6210  Post-Surgical Management and Rehabilitation
ORPT 6510  Management of Lumbopelvic Disorders**
ORPT 6520  Management of Lower Extremity Disorders**
ORPT 6530  Management of Cervical and Thoracic Disorders**
ORPT 6540  Management of Upper Extremity Disorders**
ORPT 7270  Orthopaedic Residency Virtual Rounds
ORPT 7280  OCS Exam Preparatory Course
ORPT 7690  Orthopaedic Residency Mentored Clinical Practice

* Required for Bachelors and Masters prepared residents
** Includes a 2-day onsite lab intensive hosted at various locations nationwide

Sports Residency Curriculum
This 12-18 month program consists of 42 credit hours of blended online and onsite learning.

APPT 6110  Essentials of Pharmacology & Clinical Lab Tests*
EBP 6100  Evidence-based Practice I
ORPT 6510  Management of Lumbopelvic Disorders**
ORPT 6520  Management of Lower Extremity Disorders**
ORPT 6530  Management of Cervical and Thoracic Disorders**
ORPT 6540  Management of Upper Extremity Disorders**
SPPT 6110  Basic Science in Sports Physical Therapy
SPPT 6120  Sports Nutrition and Performance Enhancement
SPPT 6130  The Female Athlete
SPPT 6140  Sports Across the Ages
SPPT 6510  Sports Physical Therapy Competencies**
SPPT 7110  Professional Forum in Sports Physical Therapy
SPPT 7270  Sports Residency Virtual Rounds
SPPT 7280  SCS Exam Preparatory Course
SPPT 7590  Sports Residency Mentored Clinical Practice

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SPPT 7190  Athletic Venue Hours

* Required for Bachelors and Masters prepared residents
** Includes a 2-day onsite lab intensive hosted at various locations nationwide

**NOTE:** SPPT 6000 - Emergency Medical Response for the Sports Physical Therapist or equivalent is a prerequisite for this program.

**Neurologic Residency Curriculum**
This 13-15 month program consists of 31 credit hours of blended online and onsite learning.

- NeuroRTI NR 101 Applied Neuro Anatomy
- NeuroRTI NR 102 Neuro Imaging
- NeuroRTI NR 103 Essentials of Pharmacology and Clinical Lab Tests
- NeuroRTI NR 104 Neuro Med Screening
- NeuroRTI NR 105 Evidence-based Practice I
- NeuroRTI NR 305 Management of Spinal Cord Dysfunction
- NeuroRTI NR 306 Management of Acquired Brain Injury
- NeuroRTI NR 307 Management of Other Neurologic Disorders
- Neurologic Residency Virtual Rounds
- Neurologic Residency NCS Exam Preparatory Course
- Neurologic Residency Mentored Clinical Practice
- Neurologic Residency Topics including Models and Theoretical Foundations, Neurological Rehab Interventions, and Administrative Topics.

**What is the difference in Curriculum between the Hosted Residency and Independent Residency Models?**
The Residency curriculum content is the same for both models, but the coursework for Hosted Residency is completed at an accelerated pace to allow the resident the possibility of completing the residency in 12-15 months rather than 18+ months in the Independent model.

**How many hours per week should I expect to dedicate to completing the residency?**
Time dedicated to Residency training is highly variable depending on the individual. Residents should expect a workload requiring approximately 8-15 hours per week of online didactic coursework. This time is spent on evidence-based case assignments, collaborative discussion boards, and review of current evidence as well as viewing presentations by EIM faculty. As with any educational experience, the value that the resident will derive is directly proportional to the investment of time and energy that is put into it!

**How much “release time” should I expect from my employer to work on EIM Academics?**
Employers in the Hosted Residency Model agree to provide approximately 4 hours per week of dedicated “Release Time” to work on residency didactics.

We encourage those in the “Independent Residency” Model to negotiate “Release Time” with their employer, as well as to take advantage of “downtime” (i.e., patient cancellation) during clinic hours to work on Residency didactic and mentoring requirements.
**Where will I complete my live onsite training?**

Each Residency Program requires 3 to 5 on-site “Weekend Intensives”, depending on the specific Residency Curriculum. The Weekend Intensives are 2-day lab courses held on Saturday/Sunday. EIM hosts Weekend Intensives throughout the year at various locations throughout the country. You will designate your preferred Weekend Intensive location on your EIM application.

**IV. MENTORSHIP**

**What are the Clinical Mentorship Requirements?**

Residency Training includes 1500 hours of clinical mentorship and supervision designed to integrate newly acquired skills and knowledge into clinical practice. Of these 1500 hours, 150 will be 1:1 mentorship with direct hands-on practice with live patients and focused clinical reasoning discussions in the context of a busy clinical setting. The Resident can expect approximately 3-5 hours per week of 1:1 mentorship throughout the 12-18 month Residency Program to ensure this requirement is met. Sports Residents will also have 200 hours of Venue Coverage Mentorship to complete.

**What are the Roles and Requirements of Residency Mentors?**

Primary mentors must be a board certified specialists (OCS, SCS, NCS*) by the ABPTS. Secondary mentors who possess additional training/certification/expertise that will facilitate a beneficial mentorship experience may be approved by the Program Director. Mentors must be actively engaged in patient care and able to spend time in the clinic with the resident. Mentoring may NOT be provided in a physician owned physical therapy services (POPTS) or a referral for profit (RFP) clinical situation. Mentors must agree to participate in and support the EIM Mentorship Program and processes and be approved by the Program Director. All mentors will be provided with specific training on the expectations of mentorship, models for mentoring, etc. We also encourage all of our mentors to progress through the curriculum with the student, which helps the mentor stay current with current discussions, evidence-based practice and areas to focus throughout the curriculum.

*Neurologic Residency Mentors who are not board certified, but have at least 3 years of experience may be approved by the Program Directors.

**How do I find a Mentor?**

EIM has a vast network of Clinical Partners as well as Graduates from our Residency and Fellowship Programs across the country who are eager to provide mentorship to new Residents in our Hosted Residency Program.

Many other high quality residency and fellowship programs have also flourished over the last several years, which has generated hundreds of high quality OCS/SCS mentors desiring to mentor future residents. You can browse the American Board of Physical Therapy Specialties’ website (www.abpts.org) which has a list of board certified clinicians based on geography.

We also welcome applicants who might already have a potential mentor in mind and we can work with you to determine if the Hosted or Independent Residency Model is best for both of you.
V. APPLICATION PROCESS

How do I apply to EIM’s Residency Program?
You can apply to EIM’s Residency Program through one of two methods (You do NOT need to submit applications through both options).

a) Applicants may apply to EIM’s Orthopaedic, Sports and Neurologic Residency Programs directly through the American Board of Physical Therapy Residency and Fellowship Education, Centralized Application System (RF-PTCAS) at: http://www.abptrfe.org/RFPTCAS/. Those who apply through this system will receive a brief supplemental application to complete with information related directly to EIM’s Residency Program. For those applying to RF-PTCAS, you will pay an application fee directly to this system. You will NOT need to pay any additional fee when submitting your supplemental application to EIM.

b) Those interested in the EIM Sports or Orthopaedic Residency Programs have the option to apply directly to EIM. Applications can be found under the each program heading on our website at: http://www.evidenceinmotion.com/educational-offerings/course_cat/residencies/. Those applying directly through EIM will pay a $100 application fee to EIM with your application submission.

Do I need to have my PT license to start a Residency Program?
You must be a licensed physical therapist in the state where you are employed during your clinical mentoring. You do not need to be licensed to apply to the program, but you must obtain licensure before you will formally be accepted to start the program.

Do I need to have professional liability insurance to apply to the EIM Residency Program?
Professional liability insurance is required before starting the program. This is typically provided through your employer, although some employers may require you to have your own as well. If you are not yet employed at the time of your application, you can still submit your application without the liability insurance. A copy of your professional liability insurance must be provided prior to starting the program.

How soon will I know if I am accepted into the Residency Program?
Once you have submitted your complete application and all supporting documents, you will hear from the EIM Admission Coordinator confirming your application submission. Any additional documentation or clarification will be requested at this time. Completed applications will then be reviewed by the Program Director for acceptance. Applicants will receive an initial email indicating their acceptance status within a few weeks of application to the program. Official acceptance letters with student contracts will be sent out approximately 30 days prior to your cohort start date.
VI. EXPENSE/COMPENSATION

What costs are associated with the EIM Residency Program?
Current tuition rates for each of the EIM Residency Programs can be found on the EIM Website at: http://www.evidenceinmotion.com/educational-offerings/course_cat/residencies/

Materials are included in the tuition price. Each student is responsible for their own travel and accommodations for the weekend intensives in addition to their tuition.

In the EIM “Independent Residency” Model, students are responsible for payment of their tuition and will negotiate their own salary/potential reimbursement with their employer. Monthly or quarterly payment plans can be set up with EIM’s finance office.

In the EIM “Hosted Residency” Model, employers have agreed to pay the Residency tuition and the Resident can expect to earn a “Resident Salary”. Please see below.

What is a typical PT salary for an EIM Resident?
This may vary due to a number of factors including geographical location, experience, and program of interest.

In the EIM “Independent Residency” Model students find their own employer and negotiate their salary along with any subsidization for the Residency Program.

In the EIM “Hosted Residency” Model, employers have agreed to pay the Residency tuition, and the resident can expect to earn a residency “salary” that is equivalent to 60-70% of an entry level PT's typical compensation in an outpatient practice setting while in the program. Upon completion of the Residency, the employer and the resident can negotiate further contract terms if they choose.

Can I defer my student loans if I enroll in an EIM Residency Program?
Many students have had success with deferring their student loans while enrolled in Residency, however you will need to speak to your specific lender to determine your eligibility. Evidence In Motion, Institute of Health Professions is not an official academic entity or university; therefore we do not have a school code and are not accredited by a regional accrediting arm of the Council for Higher Education Accreditation. We are licensed by the State of KY as a Proprietary Educational Organization and both our Sports and Ortho Residency are accredited by the APTA. The Neuro Residency has applied for accreditation. Please contact your loan provider for additional information and to determine your eligibility for loan deferment.
VII. ADDITIONAL INFORMATION

How soon can I start the EIM Residency Program?
Anytime! EIM offers rolling admission with coursework starting throughout the year (January, March, July, and September). Currently, NRTI offers one cohort start in January each year for the Neurologic Residency Program.

Will I get any Continuing Education (CE) Credit for taking Residency courses?
Yes, you will receive continuing education credit for coursework taken throughout the Residency Program. EIM is a Texas CCAP Accredited Provider. Many states provide reciprocity with TX for CE-please contact your location association or State Licensing Board for confirmation.

EIM is a BOC Approved Provider for Athletic Trainers.

NeuroRTI courses are approved for CE through the Kentucky Physical Therapy Association for hours noted on the course calendar. Many states provide reciprocity with KY for CE- please contact your location association or State Licensing Board for confirmation.

Are there additional courses or learning opportunities I can take to supplement my learning in the Residency Program?
Absolutely. Evidence In Motion offers a variety of programs, many of which share common curriculum. Coursework successfully completed during your Residency (varies depending on curriculum) may be applied to other EIM Programs including Postprofessional Doctorate of Physical Therapy, Manual Therapy Certification, Sports Physical Therapy Certification and EIM’s Orthopaedic Manual Physical Therapy Fellowship.

How do I get additional information regarding EIM’s Residency Programs?
Please contact EIM’s Admissions Coordinator, Ms. Evelyn Jose (info@eimpt.com or call 1-888-709-7096 ext. 306) for additional information. We look forward to hearing from you!

Clinicians and Sites interested in becoming an EIM Host Residency Site, please see our Residency Host Site FAQs on our EIM Residency Webpages (http://www.evidenceinmotion.com/educational-offerings/course_cat/residencies/) for additional information.