



Management of Spinal Disorders Certification Program Fact Sheet As of January 2010

I. Program Components

○ Faculty Composition

- Key contributors to the profession in academic/research & private practice
- EIM principles & faculty have received multiple teaching, research, and service awards including the American Physical Therapy Association's Eugene Michels New Investigator Award, the Jack Walker Research Award, Reviewer of the Year for the Physical Therapy Journal, the Margaret Moore New Faculty Award, Orthopaedic Section's Rose Excellence in Research Award, American Academy of Orthopaedic Manual Physical Therapists' Excellence in Research Award, the Kaltenborn Teach I Must Award, Texas Physical Therapy Association's Outstanding Physical Therapy Researcher, Ruby Decker, and William Gould Memorial Faculty Awards
- Faculty also serve in numerous professional association positions such as President and Treasurer of the American Academy of Orthopaedic Manual Physical Therapists
- Demonstrated success in private clinic start-up, expansion and team management
- Heavily engaged at all levels of professional leadership, issue debate & clinic based care models

○ Curriculum

- 8 Credit Hour program
- Core Didactics – 2 core courses (8 weeks each) which include a live onsite weekend intensive
- 1 Credit Online Only Evidence- based Practice Course & 1 Credit Chronic Pain Course
- Coursework flowchart provided on Page 2

○ Format

- Online format with robust curriculum - eliminates the need to relocate and facilitates professional interaction among practitioners throughout the U.S. (and internationally)
- Hands-on, clinic-based weekend intensives at select (Network Partner) sites throughout the U.S.

II. Program Pricing – 2010

- Priced to offer an extensive, robust curriculum at a very competitive, affordable tuition rate
- Program Fees of \$370 per credit hour plus additional book and material fees

III. Certificate Program Curriculum

Management of Spinal Disorders Certificate Program

EIM 106: Diagnosis and Management of Chronic Pain (1 Credit Hour)

Nowhere is the nature of pain and suffering more misunderstood than in the arena of spinal pain. The data is overwhelming that we are not only harming a large number of people with invasive medical procedures, we are also failing to implement current evidence in the pain sciences into the management of patients with spinal pain. This course will focus the student on actionable ways to successfully manage difficult spinal conditions.

EIM 101: Evidence-based Practice Online (1 Credit Hour)

If asked, most physical therapists and other health care providers would acknowledge that they want to provide their patients with the most effective and highest quality care available. Although we would certainly expect this altruistic attitude of others as well as ourselves, the unfortunate reality is that most patients don't receive the care they need.^{1,2} How can the gap between what our patients need versus what they actually receive be bridged? The answer is evidence-based practice (EBP). This multi-level course is designed for physical therapists who need a basic introduction to the principles of EBP as well as those who want to take it to the next level and improve their current EBP knowledge and skill-set.

EIM-R103 Evidence-based Examination and Selected Interventions for Patients with Cervical and Thoracic Spine Disorders (3 Credit Hours)

Students will acquire skills in clinical examination, evaluation, diagnosis and selected interventions of the cervical and thoracic spine. A treatment-based classification approach is described and provides structure to the course. Extensive laboratory sessions are included to achieve proficiency in selected manual physical therapy interventions, therapeutic exercise and traction. Online material is viewed in advance of a live 16 hour session that focuses on development of psychomotor skills, with follow-up material viewed after the live weekend session.

EIM-R102 Evidence-based Examination and Selected Interventions for Patients with LumboPelvic Disorders (3 Credit Hours)

Patients with low back and pelvic/hip pain make up nearly 50% of all patients receiving outpatient physical therapy. Students will acquire skills in clinical examination, evaluation, diagnosis and selected interventions of the lumbopelvic spine and hip. A treatment-based classification approach is described and provides structure to the course. Extensive laboratory sessions are included to achieve proficiency in selected manual physical therapy interventions, therapeutic exercise and traction. Online material is viewed in advance of a live 16 hour session that focuses on development of psychomotor skills, with follow-up material viewed after the live session.